The HEELS Summer Intensive is a week-long skills camp for young adults with intellectual disabilities (ID). Come join us to:

- Learn about jobs
- Build skills for adult life
- Enjoy the UNC-Chapel Hill campus

**July 15-19, 2019  8:30am-4:30pm**

**ARE YOU...**

- 18 to 26 years old?
- Hoping to live and work in the community with more independence?
- Ready to meet other young adults and work on goals together?

**ADULTING BASICS**

*Learn how you can...*

- Get organized for adult success
- Be safe
- Set goals for your future
- Do more on your own
HEELS SUMMER INTENSIVE

Young adulthood is an exciting time. You may...
- Look for your first job
- Make new friends
- Begin to do more on your own
- Enjoy more freedom

But with more freedom comes more responsibility, so it is important to prepare for this change.

The HEELS Summer Intensive is a week-long skills camp where you will learn valuable skills and strategies for adult life.

Join us for a busy week: explore your interests, gain confidence, and set goals for the future!

The HEELS Summer Intensive is an interdisciplinary collaboration:
- UNC School of Medicine
- Carolina Institute for Developmental Disabilities
- TEACCH Autism Program
- UNC Department of Allied Health Sciences
- UNC School of Education
- Kidpower Teenpower Fullpower International

Application Timeline
- April 22, 2019 - Application Closes
- May 6, 2019 - Applicants Notified / 10 participants accepted

To learn more, email heels2transition@med.unc.edu